Curriculum Overview

→ Open House: Introducing Families to Conscious Discipline
→ Seven Parent Nights: Based on the seven skills and powers Conscious Discipline
→ Four Home Visits: Provide connection, strengthen parents’ knowledge/model parenting skills in context
→ Twelve Mini Sessions: Enhance parent implementation of Conscious Discipline/provide practical solutions to common parenting challenges

The Conscious Discipline Parent Curriculum is versatile and customizable. The curriculum address 3 contact points with families. Programs can combine contact points to build a parent education program that meets the individual needs of the families as well as the program.

Introducing

→ Kickoff event that provides foundational information
→ Open House is centerpiece
→ Informs/Begins to build connection between parents and between home/school
→ 60-90 minute event

Parent Nights

→ 7 Skill based parent education events
→ Parents learn how to implement powers, skills, & structures while being active participants in a safe, connected, compassionate family of learners
→ 50-60 minutes each
Home Visits

→ 4 highly interactive in-home meetings
→ Use individually, together over the course of the year, or combine with mini-sessions to create high frequency program
→ 40-60 minutes each

Mini Sessions

→ 12 learning sessions
→ 15-20 minutes each
→ Practice heavy, rather than content heavy
→ Ideal complement to parent nights and home visits

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*I’ve purchased the curriculum and had training. Now what?*

- Familiarize yourself with the curriculum content
- Reflect on the needs of your program and the families in your care
- Design a parent education program that works for you
- Begin implementation & connecting with families!

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School to Heart to Home

The curriculum features how-to’s, scripts and reproducibles for:
- Parent Nights
- Home Visits
- Single-Skill Briefings
- Make-n-Take Sessions

3 Parent Education Packs Available

Order At: ConsciousDiscipline.com/ParentEducation