

# Virginia Head Start Association 2019 Workshop Schedule

**Tuesday April 2<sup>nd</sup> 8:30-10:00 am**

## **Opening Keynote – Dr. Walter Gilliam**

*Dr. Walter Gilliam, Edward Zigler Center in Child Development and Social Policy, will focus on addressing social emotional development, equity, expulsion, and relational health for all children, especially those from at-risk backgrounds.*

**Tuesday April 2<sup>nd</sup> 10:15-11:45 am**

And I Thought I Was Done	They are currently 4.9 million grandparents raising grandchildren's in US. Learn how to recognize and support those relatives on several areas of concern like Legal, health and mental health, education, housing and stress on caregivers.	Family	Lucia Morales
Cultivating Equitable Programs for Children and Families	This session will provide participants with an overview of equity and its influence on the ideology of programming and the influence for children and families. It will allow participants to critically reflect on their own practices and policies in relation to equity for all families. Additionally, practical strategies will be provided to support program directors and governing members of agencies working towards equitable services for all families.	Directors, Managers and/or Leadership	Dr. Kimberly S. Austin
Helping Parents Co-operate	Recognizing that many of our students live in single-parent or blended households, this interactive workshop will focus on the importance of helping co-parents cooperate with each other and the school system while supporting their children's learning journey. Participants will explore the most effective strategies to prepare parents to communicate openly and resolve conflicts positively which will result in a win-win.	Family	Paula Vest-Woodfolk
Implicit Biases in Early Childhood Settings- How to Create a Healthy Social-Emotional Environment	How do we support ALL kids in our programs and classrooms? Join Dr. Gilliam as an extension of his keynote for a deeper dive into addressing social emotional development, equity, expulsion, and relational health for at-risk children.	SEL	Walter Gilliam

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Make Health Interesting - Engaging Staff and Families	Good nutrition and active play are essential Healthy habits that provide young children with a strong start. But health education often seems like a boring topic. Family educators, trainers, and other Head Start stakeholders committed to child health, and interested in building a Head Start culture of health can learn tips for engaging nutrition and health education. This interactive and lively workshop will include time for sharing great ideas!	Health	Emily Keenum
Practice Based Coaching Inclusion Institute Part 1	The Practice Based Coaching Inclusion Institute will support program leader teams to implement evidence-based practice that support individualization and develop professional development and coaching approaches for using PBC to support inclusion. This includes program planning and action planning steps to support children with individualized learning needs that fits into programs' overall coordinated coaching strategy/professional development strategy.	Coaching Education	Jani Kozlowski and Joyce Escorcia
Sprouting Success	Join Agriculture in the Classroom for a fun and informational session that will use Virginia agriculture and natural resources to engage children and teach basic concepts in the content areas of literacy, science, mathematics, and social studies. Participants will enjoy our hands-on minds-on approach and will leave with new curriculum ready to sprout success among early learners.	Education	Lynn Black and Frances Redford
Switching to EHS; Helping Teacher Adjust	More programs are opening EHS rooms that support infant/toddler development. Some of your infant and toddler teachers may have little to no experience working with infants and toddlers. Let's explore how to help teacher who may be transitioning from a preschool. We will explore the developmental needs of infants/toddlers and the differing approaches to educating infants/toddlers versus educating preschools.	Infant Toddler	Patti Jo Wilson
The Educational Implications of Poverty	This presentation will look at poverty, risk factors, and what that means to classroom instruction. Strategies and outcomes will be explored.	Education	Hilari Cassella

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### Tuesday April 2<sup>nd</sup> 1:15 – 2:45 pm

A Community of Movers	Explore the elements of dance and movement strategies that empower educators to use and facilitate movement-led teaching and learning. Foster classroom community development and engagement by setting classroom expectations and creating a fun learning environment while connecting to core curriculum. This workshop inspires child-led learning and participation and helps educators nurture their children's self-discovery by encouraging expression through movement.	Education	Valerie Branch
Get Started with Farm to Head Start!	Farm to early child care and education is a fun way to connect healthy, local food with experiential learning opportunities. Learn how to get started, and get connected to resources for gardening, procurement, and food and nutrition education - all while staying in compliance with the Child and Adult Care food Program.	Health	Bee Thorp and Ashley Smith
Hands-On Preschool STEAM	Learn how to plan and implement hands-on science classes for preschoolers that encourage them to ask questions, experiment, explore and solve problems. Create fun, multi-sensory learning opportunities that encourage collaboration and interaction while keeping costs low and using easy-to-find materials. Learn how Preschool Science is connected to pre-reading early literacy skills, and then, dive into STEAM with our hands-on demonstrations.	Education	Kathleen DuBois
Practice Based Coaching Inclusion Institute Part 2	See Part 1 for description	Coaching Education	Jani Kozlowski and Joyce Escorcia
Precision Professional Development	Quality and accessible professional development is a national home visiting need. The Institute is the result of a collaboration across 3 states to address this need. This presentation will describe the collaborative approach, share how the learning platform works, and explain how the individualized learning software guides the learning process by providing an individualized professional development pathway for each user.	Directors, Managers and/or Leadership	Jennifer Case

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Social-emotional Learning: Support Preschoolers' Development	Social-emotional learning builds the foundation for strong development. This interactive session focuses on understanding the important developmental link between cognition and building children's social emotional competencies and language skills. Core principles and strategies for preschool social-emotional learning will be discussed, as well as implementation of REDI: Research Based, Developmentally Informed, an evidence-based program in Head Start.	SEL	Julia Gest
Teacher-Child Interaction Training (TCIT)	TCIT is an empirically supported program that trains teachers in the art/science of mastering behavioral problems in their classrooms. TCIT increases teacher competence and job satisfaction, decreases turn over in agencies, and provides a foundation of behavioral management for children that translates into the home environment. Not only does this program improve the academic trajectories of children, but it also improves the parent-child relationship and children's overall socio-emotional well-being as well. This workshop provides an overview of TCIT and discusses implementation strategies within agencies.	Education	Alicia Meyer, Ph.D.
Technology and the Developing Child	As technology advances in the community, we unfortunately are not recognizing the emotional impact that these advances have on our youth and how they process emotions. At an early age, we need to help children understand their emotions and how to properly process them. Technological distractions can lead to a world of false promises and deteriorated resiliency.	All	Daniel Savage
The "R" in ERSEA: Let's Talk About Recruitment!	Recruitment begins the process of maintaining full enrollment. This session offers an opportunity for participants to share and discuss successful recruitment strategies in a facilitated roundtable discussion. Additionally, the session explores how grantees utilize the community assessment to guide decision making in identifying recruitment strategies.	Family	Carolyn Porter and Belinda Piercy

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## Tuesday April 2<sup>nd</sup> 3:00-4:30 pm

Conquering CLASS in a fun way!	Come play a card game with me and learn about the CLASS domains and dimensions in a fun, interactive environment. This card game can be individualized to meet the needs of your staff; from beginning staff to seasoned staff. Just a little tweaking and you have the materials for many workshops.	Education	Richelle Newlin
Educational Stability for Young Children	Children experiencing homelessness or placed in foster care move frequently, affecting school stability. Educational stability can be a safe harbor when life is uncertain. This session will highlight “Every Student Succeeds Act” requirements and how they are being met in Virginia along with the important role Head Start plays in serving these vulnerable students.	Directors, Managers and/or Leadership	Patricia A. Popp And Laura Hackett
Family Engagement Outcomes Tracking with ChildPlus	In this session you will learn how to collect data and use reports to improve teacher-child interactions and family goal-oriented relationships.	Directors, Managers and/or Leadership	Jose Martinez
Healthy Meals in the Child and Adult Care Food Program	The Child and Adult Care Food Program (CACFP) aims to increase access to healthy meals in childcare settings. Through this reimbursement program, Head Start organizations have the opportunity to improve their food service and receive funding for meals served to participants in need. Learn how your organization can benefit from this program, and how you can participate.	Health	Bee Thorp and Ashley Smith
<del>Infusing Literacy and STEM</del>  <b>CANCELLED</b>	<del>Literacy and STEM are two content areas that make the learning whole. This workshop will give teachers ideas suggestions and strategies on how to use children's books to inspire STEAM investigations. Teachers will explore and manipulate loose parts based on children's books.</del>	<del>Education</del>	<del>Gwen Robertson</del>
Introducing the PBIS/Pyramid Model	This session will provide an overview the Pyramid Model including highlights from each training module and how implementation can have positive impact on children's social and emotional development. Additionally, presenters will discuss how the Pyramid Model can support the prevention of challenging behaviors.	Education	Beth Beals and Joe Preece

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Parents Have the Power: Addressing the Talk Gap through a Parent Group Model	All parents have the power to support their child's early language and brain development through interactive talk! This session will review the lessons we've learned about implementing and working with parent groups as we've launched LENA Start programs across the country, focusing in particular on our work in Virginia Beach with the GrowSmart initiative.	Family	Traci Martin and Barb Lito
Practice Based Coaching Inclusion Institute Part 3	See Part 1 for description	Coaching Education	Jani Kozlowski and Joyce Escorcia
Social and Emotional Development - Quality Connections	This session will explain how quality curriculum, environment and interactions can support social and emotional development birth to five. Strategies and resources for improving quality in this area will also be shared.	SEL	Kris Meyers
Yes! School R.E.A.D.Y. Curriculum Ideas  Replaced Infusing Literacy with STEM	The presenter will provide details of the Hopewell preschool programs' journey to getting children R.E.A.D.Y. for school with the implementation a Researched - Based Curriculum. The details will include pictures, video, classroom materials, activities, and resources. Information on project-based learning events will also be presented. Learning is FUN for ALL every day.	Education	Joyce Jones

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**Wednesday, April 3<sup>rd</sup> 8:30-10:00 am**

### **Keynote – Dr. Kimberly P. Johnson**

#### *How to Stay D.R.I.V.E.N. – Charting a Bolder Course in Learning*

If you are a parent or in the education field, have you ever felt like throwing in the towel and saying, “That’s it – I’m done”? Well, Children’s Author and Motivational Speaker, Dr. Kimberly P. Johnson will take that thought right out of your mind!! She will have you on your feet and celebrating your roles and your profession. It starts with knowing that you are more than change agents, you are also coaches who must share productive plans and strengthen each other. By understanding the various children and families that you work with, you can begin to revamp the critical aspects of what it takes to lead others. In addition, Dr. Kimberly will share techniques on how to use cognitive and emotional perspectives to help elevate the motivation and determination in your young learners. Having a degree of confidence early on can help children learn to express themselves more effectively. YES.... it is a lot of work, but by using active listening, creative ideas and a degree of innovation, you can put into place a team that can build more effective and trusting environments. This keynote session will have you on your feet and celebrating your roles in education - Come listen, Come laugh and Come LEARN how to stay DRIVEN!!

**Wednesday April 3<sup>rd</sup> 10:15-11:45 am**

Brain Development of Infant and Toddlers	There is not time in life when the brain develops more rapidly than during the first five years. Every baby is born with a brain that contains billions of neurons. The brain is wired to grow by having strong relationships with their caregivers. Powerful brain building moments are created when you let the child lead the way. Back and forth interactions between you and your children are one of the most important ways to help their brain development. Learn techniques and strategies to help brain growth!	Infant Toddler	Lisa Green
Can We Talk? Meaningful Classroom Conversations	Early childhood educators will learn the importance of engaging young children in intentional, meaningful conversation. Attendees will develop strategies for maintaining high quality back-and-forth exchanges, effective questioning, modeling language, and promoting higher-order thinking processes. We will explore the value of showing genuine interest and curiosity in the child’s perspective, and how it helps foster caring, respectful relationships in the classroom.	Education	Cassandra Caffee Morelock

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Coaching to Support Curriculum Fidelity - Part 1 of 2	This session is designed to explore the concept of implementation of curriculum with fidelity and connection to Practice-Based Coaching. We will discuss how coaching can enhance curriculum fidelity, review resources and identify strategies coaches can use to help education staff strengthen the quality of implementation.	Coaching Education	Sheri Prince and Karla Sprouse
Community Assessment Roundtable	This is an interactive session to discuss Community Assessment development, updating, utilization in decision-making, and resources available.	Directors, Managers and/or Leadership	Mark Colaw and Carolyn Porter
Family Engagement Through the Parent Cafe Model	The Parent Cafe Model is focused on building collaborative partnerships among parents and their children's providers and is a method of facilitating meaningful, reflective conversations. Parents and providers will learn from each other and support one another in providing nurturing responsive care to the children in their lives. Participate in a Parent Café so you can implement your own.	Family	Peggy Watkins and Jodi Roberts
Feelings...bad guys or buddies?	In this Conscious Discipline workshop, delve into the concept of self-regulation as the missing link for academic and life success. Explore the Feeling Buddies curriculum, how to use the curriculum in the classroom and how to it fosters the development of healthy self-regulation skills.	Education	Heidi Condrey
Opportunities Through Shattered Glass: A Generation Explains	When we think of shattered glass, something broken comes to mind. However, along with Dr. Kimberly Johnson and her dynamic college students - these young thinkers will prove that broken does not mean destroyed. In this interactive session, you will hear these contributors of the powerful, new book, "Shattered Glass: A Generation Explains" share various stories that speak to struggle, inequities and family interactions. Most importantly, you will hear their stories of hope, resiliency and determination. These students are products of amazing programs like Head Start and these well-spoken and engaging students will guide you through conversations that validate the importance of self-esteem and community connections. You will see first hand what you can do to help change lives! Dr. Johnson will help you further understand the power of diversity and inclusion as we work harder to make sure that we are reaching ALL of our children. The students will also share what it means to be change agents in the	All	Dr. Kimberly P. Johnson and Clinton College Students (Rock Hill, SC)



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	21st century. Participants will witness the authentic stories of diverse millennials of color and how they intend to gain further opportunities and contribute to the world. Each story is sure to tug at your heart in a way that causes you to reflect on our current world views and what it means to allow for opportunity - even through shattered glass - because we all have been broken at one time or another. This session will help you understand the power of what you do and can do as educators!		
Staff Development Tips for Trainers	Staff development should be effective, efficient, and fun for participants and trainers. Join this session to gain ideas for engaging staff in their own learning through active participation. We will discuss easy-to-implement strategies for opening and closing professional development sessions and for reviewing content so that it is understood and remembered. Simple organizational tips for trainers will be shared.	Directors, Managers and/or Leadership	Jaye Harvey

### Wednesday April 3<sup>rd</sup> 1:15 – 2:45 pm

Circle of Parents - Helping Parents Succeed	The Circle of Parents workshop will present the dynamics of the parent support group program which assists parent in developing stronger, more positive relationships with in their family. Circle of Parents is an effective program that fits easily into the family engagement framework of Head Start programs. The workshop will include information about the Circle of Parents model and how to get a program started in your community.	Family	Julie Rivnak-McAdam and Donna Guevara
Coaching to Support Curriculum Fidelity - Part 2 of 2	This session is designed to explore the concept of implementation of curriculum with fidelity and connection to Practice-Based Coaching. We will discuss how coaching can enhance curriculum fidelity, review resources and identify strategies coaches can use to help education staff strengthen the quality of implementation.	Coaching Education	Sheri Prince and Karla Sprouse

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Conquering CLASS in a fun way!  <b>Replacing Family Connections</b>	Come play a card game with me and learn about the CLASS domains and dimensions in a fun, interactive environment. This card game can be individualized to meet the needs of your staff; from beginning staff to seasoned staff. Just a little tweaking and you have the materials for many workshops.	Education	Richelle Newlin
Conscious Discipline Parent Curriculum	Struggling to meet the new parent curriculum performance standard? Conscious Discipline has a research-based solution that meets the new standard! Explore the components of the new Conscious Discipline parent curriculum and how to implement.	Education	Heidi Condrey
Embracing and Developing Empathy through Literacy	Social and emotional learning is paramount to a child's healthy development and positive relationship-building skills and is associated with higher academic achievement well beyond childhood. This interactive session introduces research-based principles for identifying and developing empathy in young children. Instructional strategies, along with picture books modeling empathy-related skills and competencies, will be presented.	Education	Dr. Tamie Pratt-Fartro
Emerging Research on Early Brain Development	Research on early brain development has accelerated in the past few years, using a variety of technologies, including LENA technology. Among the key findings are that conversational turns (back and forth interactions between adults and children) are even more important than just the number of words. Researchers have pinpointed the precise areas of the brain affected by language and found that those areas are key to not only cognitive growth, but also to social and emotional health. It turns out the amount of language experience a baby has affects how fast their brain processes, and that in turn drives vocabulary acquisition.	All	Traci Martin and Barb Lito
<del>Family Connections-STEAM take home bags</del>  <b>CANCELLED</b>	<del>The purpose of this workshop is to assist teachers to inspire families to engage their children in STREAM education by offering easy to do activities that mirror and extend from classroom learning in the form of inexpensive take home bags. Teachers will learn how to put take home bags together and they will engage in</del>	<del>Education</del>	<del>Gwen Robertson</del>

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	<del>simple hands-on experiments that can easily be place in a bag for a school to home connections for families.</del>		
HAC Meeting – Part 1		Health	Julie Greene
Language Development: Tips for Families, Educators, and Childcare Providers	Current brain research is informing practice related to language and literacy development of children ages 0-3. This interactive session will provide opportunities to reflect on current practices and to share the information with family and community stakeholders.	Infant Toddler	Rebecca Akers
School Readiness & Data Management – Part 1	Head Start programs are required to establish procedures on data management and use data to evaluate progress towards addressing program needs to support the achievement of their program goals. This session is designed to give the leadership and management team the opportunity to explore the linkages between school readiness and data management. Participants will discuss the elements of a coordinated approach to using school readiness data and reflect and plan for how to support the four stages of data.	Directors, Managers and/or Leadership	Karla Sprouse and Brie Broughman
Social-Emotional Learning to Enhance Behavior	Participants will learn how to teach social-emotional skills for the positive-prevention of errant behavior of young children. Also, they will learn how to flip misbehavior into opportunities for positive reinforcement to minimize its recurrence.	SEL	Dr. Michael S. Hubler, Ed.D.

### Wednesday April 3<sup>rd</sup> 3:00 – 4:30 pm

100 Ways to Promote Social-Emotional Learning	Participants will walk through and learn the 100 ways with which they can promote better behavior and learning through positive reinforcement. Make the most of your time with your children to enhance their learning and behavior by capitalizing on every opportunity to teach social and emotional skills to your young children.	SEL	Dr. Michael S. Hubler, Ed.D.
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Directors Council		Directors	Dawn Ault
Education Roundtable		Education	Ramona Fisher
Elevating Early Childhood Educators	A child's first five years are the most critical for neurological development, making early childhood teachers critical to preparing children for school and life. However, the field suffers high turnover rates. While pay is a primary concern, opportunities for growth, development, and recognition are also important to building morale and increasing knowledge and competencies in an effort to build a stronger early childhood workforce. By creating opportunities for teachers to achieve recognition, obtain professional development, experience strengths-based coaching, and participate in co-creating goals, Directors and Administrators can elevate the profession, build capacity, and increase quality of early childhood programs. In turn, this delivers positive outcomes for children in your programs.	Directors, Managers and/or Leadership	Traci Martin and Barb Lito
Enhancing Resilience in Infants & Toddlers	In this workshop, participants will explore attachment, childhood trauma, and resiliency in infants and toddlers. Participants will learn about the importance of attachment in social-emotional development, symptoms and statistics of childhood trauma, and how brain development relates to resiliency. Participants will also develop strategies for misbehavior as a result from childhood trauma.	Infant Toddler	Danielle Booher
Family Service Roundtable		Family	Jennifer Tonkin
HAC Meeting – Part 2		Health	Julie Greene
Parent Leadership: Effecting Community Change	This workshop will focus on how Head Start programs can bring about meaningful parent involvement in the programs. Families Forward Virginia believes that parents need to be at "the table" defining the needs of their family and the families in their community. This workshop will highlight how to develop parent leadership and the work of the Virginia Parent Council. Head Start staff will learn new ways to encourage parents to succeed as more effective leaders in their family, their child's school and their community.	Family	Julie Rivnak-McAdam and Donna Guevara

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PBC Networking: Coaches Colloquy	This session is a networking session for coaches designed to focus on implementing PBC with fidelity and to provide an opportunity for group support/problem solving.	Coaching Education	Sheri Prince
School Readiness & Data Management – Part 2	Head Start programs are required to establish procedures on data management and use data to evaluate progress towards addressing program needs to support the achievement of their program goals. This session is designed to give the leadership and management team the opportunity to explore the linkages between school readiness and data management. Participants will discuss the elements of a coordinated approach to using school readiness data and reflect and plan for how to support the four stages of data.	Directors, Managers and/or Leadership	Karla Sprouse and Brie Broughman

**Thursday, April 4<sup>th</sup> 8:30-10:00**

### Keynote – Dr. Michael Hubler and Lillian Hubler

#### *Social-Emotional Learning - Beginning Your Day*

Learn how to prepare yourself and your students to have a wonderful day. Participants will learn easy and fun social and emotional strategies to enhance their morning routines and help get their children off to happy and healthy start each and every day.

**Thursday April 4<sup>th</sup> 10:15 – 11:45**

Building Relationships and Creating Supportive Environments	Are you looking for a solution to challenging behavior? This interactive session will support participants understanding of how strong relationships with children and the learning environment are essential in the promotion of social and emotional development and the prevention of challenging behavior.	SEL	Joe Preece
Developing a System of Support for Coaching	This session is designed for leadership staff to learn more about creating a system of support for your coach/es. Discover strategies and resources to assist with the delivery of Practice-Based Coaching. Explore ideas and tips for using data to guide system development and strengthen coaching efforts.	Coaching Education	Brianne Broughman

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It Takes a Village: your Role in Early Childhood Partnership	This workshop gives a general overview of what early childhood education and intervention is. We will concentrate on what the roles are of the parents and professionals. There is a special focus on how the collaboration between the two helps to ensure healthy child development. We offer methods on effective communication between the two, how to bridge that communication gap and how to avoid or recover from possible communication barriers	Family	Lakeshia Yancey
Just Right: Tailoring Teaching for Children of All Abilities	One of Head Start's core values is the full inclusion of children of all abilities; classroom teachers play a central role in fulfilling this part of the Head Start mission. In this session we'll explore teaching practices that support success for all children, with a focus on specific strategies, adaptations and modifications that support success for children with disabilities.	Education	Beth Beals and Kathleen Murphy
Social-Emotional Learning for School Readiness	SEAL- Social Emotional Academic Learning. Social-emotional skills are the keys to academic success. Participants will learn songs, games, activities, and stories that enhance academics and school readiness through social-emotional learning.	SEL	Dr. Michael S. Hubler, Ed.D.
Yes! School R.E.A.D.Y. Curriculum Ideas	The presenter will provide details of the Hopewell preschool programs' journey to getting children R.E.A.D.Y. for school with the implementation a Researched - Based Curriculum. The details will include pictures, video, classroom materials, activities, and resources. Information on project-based learning events will also be presented. Learning is FUN for ALL every day.	Education	Joyce Jones